

## Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Caring Pregnancy Center (DBA Options Pregnancy Center), Fairmont    **Vendor#:** 0000285530

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Goal: To provide necessary services and referrals to pregnant and parenting women in south-central MN

Population: Pregnant and parenting women in south-central MN

For the period/quarter: June 20 – September 30, 2016      Quarter 1

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Administrative Activities</b>	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Reviewed PA Grant policies and procedures with staff. Established and periodically reviewed/updated data collection procedures. Wrote job description for additional Client Advocate position, advertised position and sent out applications.	
<b>Outreach</b>	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Promoted Client Advocate and PA Grant programs at county fair. Sent posters and brochures to several area churches. Local bus service has transitioned to new management and bus advertising is no longer an option. Researching other opportunities for outreach in our service area.	
<b>Case Management Services</b>	Provide on-going telephone and/or office appointments for clients testing positive for pregnancy	45	Client Advocate provides ongoing office visits with clients during pregnancy and after. Phone calls are made when client is unable/fails to come for an office visit.	51

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<b>Crib Distribution/ Sleep Safety Education</b>	Enroll clients in Sleep Safely Program Provide information and education on pregnancy, infant care, and parenting Provide crib upon completion of program Deliver and assemble crib if needed	36	Continuing program from previous PA Grant. Program is well established and continues to be well received by clients. Other community agencies and former clients frequently make referrals to the crib program.	37
<b>Employment Assistance</b>	Enroll participants in Work Readiness Project Conduct assessment of work readiness skills Provide work station and mentoring Provide evaluation, incentive and references	32	Employment assistance started very strong at the beginning of this quarter, but has slowed considerably. Currently there is a very low unemployment rate in our service area. Anticipate participation in this program may be a little low until January of 2017. Four participants found full time employment shortly after starting the program, one part time employment, one returned to school and a part time job, one returned to a treatment facility, one moved from the area, and only one remains unemployed.	75
<b>Life-Skills Education Program</b>	Provide educational components for program participants as needs are identified. Components may include, but not limited to, job search, job interviewing, finance/budgeting, nutrition/cooking, alcohol/drug use education, and relationships	18	All participants in the Work Readiness Project receive information on job searches, applications and job interviews. One client and her partner had frequent appointments to discuss finances, housing, drug use and relationships during the birth, illness, and eventual death of their child – all while being evicted from their home. Another couple has been involved in ongoing sessions to better manage finances before their next child arrives in November.	21

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<b>Material Support</b>	Provide material assistance such as diapers, maternity and baby clothes, and basic housekeeping needs to pregnant and parenting women	30	The need for assistance with diapers continues to be high. Many requests for help with warm clothing for the changing season. Several requests for warmer maternity clothing as the temperature drops.	91
<b>Nutrition</b>	Provide infant formula and baby food Provide nutrition education Provide WIC and food shelf referrals	9	Client Advocates continue to stress the importance of good nutrition. (One client reports drinking 20+ cans of Mountain Dew per day?) Breast feeding is emphasized, but many requests for help with formula.	31
<b>Parenting Education</b>	Provide parenting education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	35	Client Advocates provide parenting education as part of the crib program and on an ongoing basis for up to one year after birth if client requests. Education materials are continually being reviewed and updated as needed. Recently acquired a number of educational videos in Spanish.	43
<b>Pregnancy Education</b>	Provide pregnancy education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	30	Pregnancy education is a large part of our crib program. . Education materials are continually being reviewed and updated as needed. Recently acquired a number of educational videos in Spanish.	63
<b>Pregnancy Testing</b>	Provide program eligibility assessment, pregnancy counseling and testing.	3	Requests for pregnancy tests are somewhat low, possibly due to home pregnancy tests being inexpensive.	2

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<b>Provide Necessary Services to all clients</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	12	Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. When needed, Client Advocates will help with phone calls, appointments and applications. Most clients choose to participate in one or more of the services available at Options Pregnancy Center.	16
<b>Provide Necessary Services Assessments Only</b>	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2	Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. Most clients choose to participate in one or more of the services available at Options Pregnancy Center.	1
<b>Transportation</b>	Provide gas cards or bus tokens for clients to attend Center appointments or medical appointments	4	Bus tokens and gas cards have been beneficial in helping clients keep appointments. Rural bus service has been in transition for the past couple months, but hopefully will be improving and become more readily available to our clients.	3

<b>Maternal and Child Health Initiative Task Force Strategies</b>	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	8
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	25
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	22
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	10
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	6

**Challenges:**

**Comments:**